





Science, Radiation Protection and the NCRP: Building on the Past, Looking to the Future Eleventh Annual Warren K. Sinclair Keynote Address

Jerrold Bushberg Ph.D., DABMP, FAAPM
Clinical Professor Radiology & Radiation Oncology
Senior Vice-President NCRP

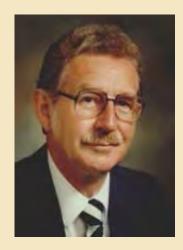


Dr. Warren Sinclair

- > An Extraordinary Scientist, Teacher and Administrator
- Invaluable scientific contributions Radiation Biology & Protection during a career of more than four decades

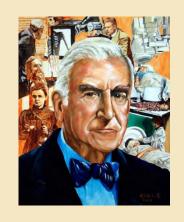


- ✓ Medical physicist -Royal Cancer Hospital & lecturer U of London
- √ 1954 Head Physics Department--M.D. Anderson Hospital
- ✓ 1960 --Argonne National Laboratory--Director of the Division of Biological and Medical Research & Associate Laboratory Director for Biomedical and Environmental Research
- √ 1977 Follows Dr. Taylor as 2nd President of NCRP (1977 1991)
- ✓ Other Notable Appointments
 - -Chairman of ICRP Committee I
 - -Member U.S. delegation at UNSCEAR
 - -Taylor lecturer in 1997



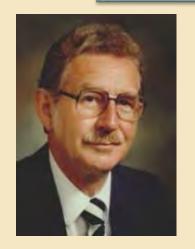
Dr. Warren Sinclair's 1997 Taylor Lecture

Dr. Michael Fry's Introduction of Dr. Sinclairthe 1997 Taylor Lecturer Commenting on Dr. Sinclair's strongly held and any even more strongly defended scientific opinions



"I often wondered whether, Warren, you knew the old Scottish-Irish prayer..."

"Lord, grant that I may always be right, for Thou knowest I am hard to turn."







Why Was the NCRP and Similar Organizations Created?

Historical Context

Discovery of Ionizing Radiation

- Discovery of X rays: Roentgen (1895) 1st Nobel Prize (1901)
- Discovery of Radioactivity: Becquerel (1896)

First Reports on Harmful Effects

- Radiation-induced alopecia and skin burn (1896)
- Radiation-induced skin cancer (1902)
- Clarence Dally, Thomas Edison's assistant died in 1903 following several skin grafts and amputations. He was 39 years old. Edison abandoned his research on X-rays.
- Many other acute and chronic effects of radiation were reported over the decades
- No Standard Procedures for Measuring Radiation **Exposure -- Few Safety Precautions -- Not Well Known**

Sweden awards first Nobel Prizes



on serum therapy; and Sully Prudhomme of France (literature) for his poetry. The 1901 Nobel Peace Prize was awarded to both Jean Henri Dunant of Switzerland, who established the Red Cross in 1864, and the economist Frederic Passy, who founded the French Society of the Friends of Peace. From this day forward, the prizes

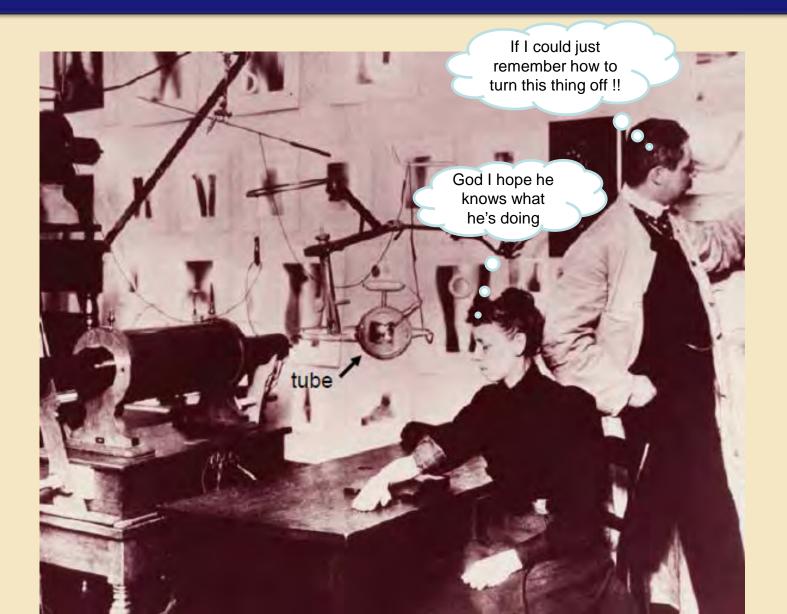
will be awarded by four institutions, three Swedish and one Norwegian from a fund established under the will of Alfred Nobel. The ceremonial presentation of the prizes is to take place every year in Stockholm,



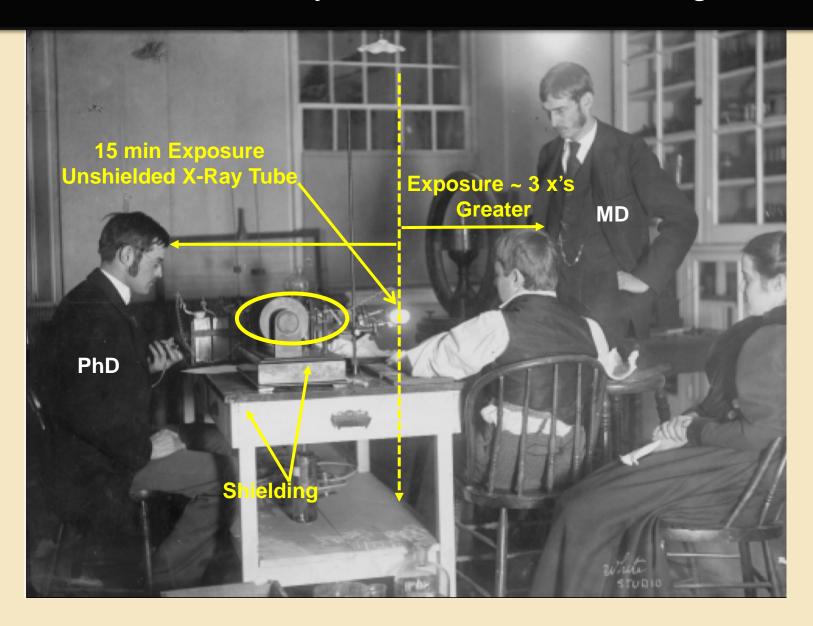




Before Radiation Protection



Drs. Edwin and Gilman Frost: Brothers- Physicist and Physician perform the First American Medical X-ray in Reed Hall, Dartmouth College on 2/3/1896



The Radiation Craze of the Early 1900's

Radiation Once Had a Positive Public Image

- Many Commercial Products were developed and sold to the public.
- ❖ Radium emanation activators, apparatuses that would "apply radium emanation to water overnight", started being produced and marketed in the early 1900"s

Advertisement: "Fill jar every night. Drink freely ... when thirsty and upon arising and retiring, average six or more glasses daily."



- ❖ 1916: The AMA Comes to the Rescue—but not the way you think
- Abuse of these discoveries by pseudoscientists and hucksters lead to unnecessary (and often harmful) uses of radiation sources which were guaranteed by their purveyors to cure everything from lethargy to erectile dysfunction.

Vita Radium Suppositories (ca.1930) "For Restoring Sex Power"



From the Company's Brochure:

"Weak Discourage Men!

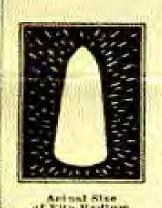
Now Bubble Over With Joyous Vitality
Through the Use of Vita Radium Suppositories
15 day Course Guaranteed to Contain Real
Refined Radium & to be Perfectly Harmless
...properly functioning glands make themselves
known in a quick, brisk step, mental alertness and
the ability to live and love in the fullest sense of the
word....A man must be in a bad way indeed to sit
back and be satisfied without the pleasures that
are his birthright!......

Try them to see what good results you get?

All Home Products customer orders will be shipped in a plain paper wrapper

VITA RADIUM SUPPOSITORIES

FOR RESTORING SEX POWER



VITA RADIUM SUPPOSITORIES, for rectal use by men, are tune restorers of sex and energizers for the entire nervous, glandular and circulatory systems. These Suppositories contain a result-producing amount of highly refined soluble RADIUM, carried in a cocoa butter base. The radium is absorbed thru the walls of the lower colon, enters the blood stream and is carried to all parts of the body—to the weakened organs that need its vitalizing aid. After leaving its durably HEALTHY RESULTS, the radium is gradually eliminated in about three days. Vita Radium Suppositories are guaranteed entirely harmless. Recommended for sexually weak men who, however, should use the NU-MAN Tablets in connection for best results. Also splendid for piles and rectal sores. Try them and see what any other way set!

Show Mom How You Really Feel About Her..... Give Her a Total Body CT!!

More Meaningful than Flowers....

This Mother's Day buy her a future.

MORE MEANINGFUL THAN FLOWERS.
MORE VALUABLE THAN JEWELRY.
AND MORE EFFECTIVE THAN WORDS.



Eff. Dose ≅ 15-20 mSv

Show her you want to love her forever

Heart disease, stroke and cancer are the three leading causes of death among women in the United States. By the time a disease has progressed to the point where outward symptoms appear, it may be too late.

Clinically proven to be the most complete preventive screening test available, the Body Scan from

has already helped hundreds of thousands of menand women discover their true risk with a simple and painless imaging procedure.

There's never been a better time to say how much, you care, and there's never been a time that Mom needed it most.

Show how you want to love her forever with a gift certificate for a Body Scan

Mother's Day Special

Body Scan

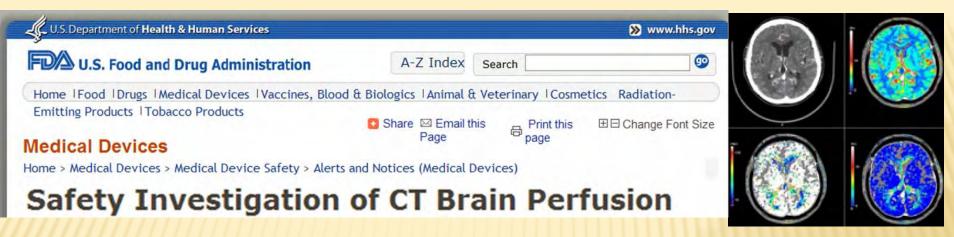
Save over \$50

— OR —

Heart Scan

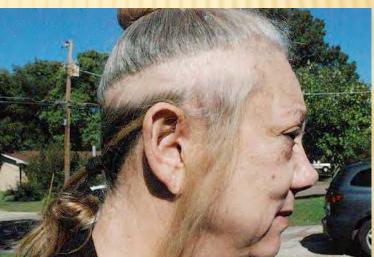
\$195 Save over \$50

Offers cannot be



October 2009







Occurred at Several Hospitals—Was the Problem the Operators or the Equipment?

Why Was the NCRP and Similar Organizations Created?





Because there was....as still is a need for radiation protection of workers, patients and the public

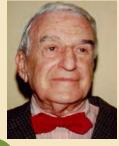




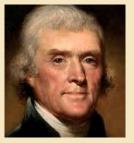




NCRP HISTORY



Taylor 1929 – 1977 48 years



1928

International X-ray and Radium
Protection Committee
2nd International Congress of
Radiology in Stockholm



Warren K. Sinclair 1977 – 1991 14 years



1929

U.S. Advisory Committee on X-ray and Radium Protection



Charles B. Meinhold 1991 – 2002 11 years



1946

U.S. National Committee on Radiation Protection



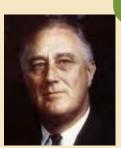
Thomas S.
Tenforde
2002 – 2012
10 years

1964

National Council on Radiation Protection and Measurements chartered by U.S. Congress (Public Law 88-376)







NCRP Congressional Charter Public Law 88-376—July 14, 1964

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PUBLIC LAW 88-376-JULY 14, 1964

78 STAT.

Public Law 88-376

[H. R. 10437]

AN ACT

To incorporate the National Committee on Radiation Protection and Measurements

Be it enacted by the Senate and House of Representatives of the

National Council on Radiation Protection and Measurements, Inne tie enacted by the Senate and House of Representation inited States of America in Congress assembled, That—
C. M. Barnes, Rockville, Maryland;
E. C. Barnes, Edgewood, Pennsylvania;
V. P. Bond, Setauket, Long Island, New York;
C. B. Braestrup, New York, New York;
J. T. Brennan, Bethesda, Maryland;
L. T. Brown, Bethesda, Maryland;
B. F. Brown, San Francisco, California;

- R. F. Brown, San Francisco, California;
- F. R. Bruce, Oak Ridge, Tennessee;
 J. C. Bugher, Rio Piedras, Puerto Rico;
 D. R. Chadwick, Upper Mariboro, Maryland;
 R. H. Chamberlain, Philadelphia, Pennsylvania;
- J. F. Crow, Madison, Wisconsin; R. L. Doan, Idaho Falls, Idaho;
- C. L. Dunham, Washington, District of Columbia;

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78 STAT.] PUBLIC LAW 88-376-JULY 14, 1964

and their successors, are hereby created and declared to be a body corporate, by name of the National Council on Radiation Protection and Measurements (hereinafter called the corporation), and by such name shall be known, and have perpetual succession and the powers, limitations, and restrictions contained in this Act.

COMPLETION OF ORGANIZATION

SEC. 2. The persons named in the first section of this Act are authorized to complete the organization of the corporation by the selection of officers and employees, the adoption of bylaws, not inconsistent with this Act, and the doing of such other acts as may be necessary

OBJECTS AND PURPOSES OF CORPORATION

Sec. 3. The objects and purposes of the corporation shall be—

(1) to collect, analyze, develop, and disseminate in the public interest information and recommendations about (a) protection against radiation (referred to herein as "radiation protection"), and (b) radiation measurements, quantities, and units, particularly those concerned with radiation protection;

(2) to provide a means by which organizations concerned with the scientific and related aspects of radiation protection and of radiation quantities, units, and measurements may cooperate for effective utilization of their combined resources, and to stimulate the work of such organizations;

(3) to develop basic concepts about radiation quantities, units, and measurements, about the application of these concepts, and

about radiation protection;

District Publish PRINCELOR IN-PRO-POLY IN 1984

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Fig. 15. The compression may and shall equate all of the species of the country military-properly appointed in Marine as the Various Computation on Regions Statement and Superior Statements, ediport in any securities and different of the self-organization.

No. 17. The right to also, second, so report this Act is breely

NCRP was chartered by the U.S. Congress as a nonprofit organization to address the radiation protection needs of the nation

Other organizations with similar congressional charters include:

The American Red Cross

American Red Cross

The Boy Scouts of America

The National Academy of Sciences.



First Formal Meeting of Congressionally Charted National Council on Radiation Protection and Measurements

31 of the 49 Council Members, were present for this photograph



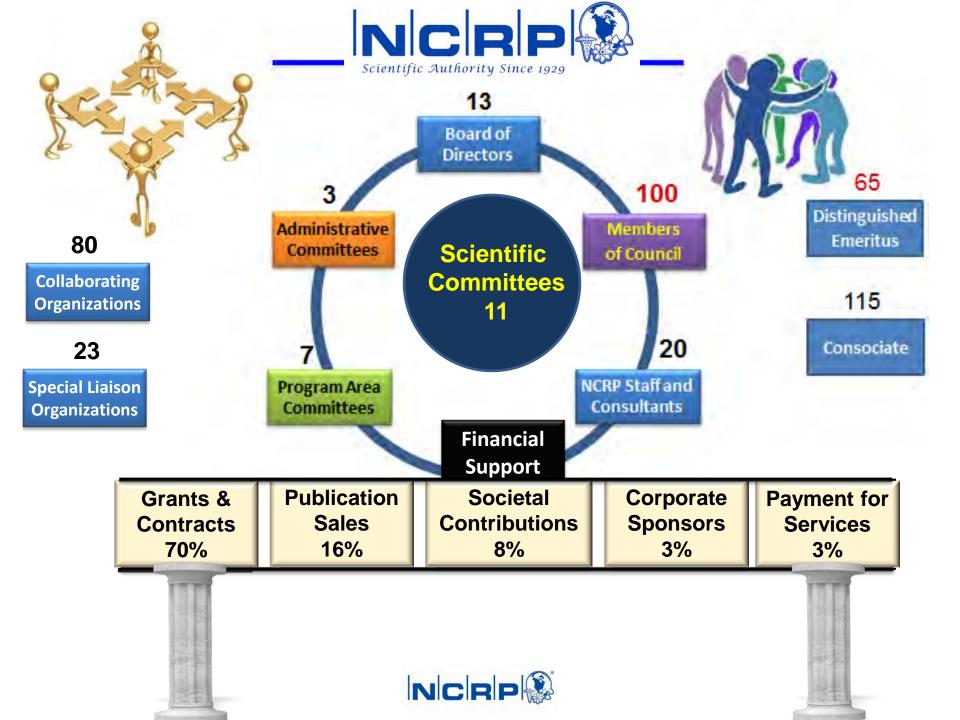


August 3, 1964

Mayflower Hotel
Washington, DC



NCRP COUNCIL 1964 • WA NH-ME MT ND VT-OR MN ID MA SD WI MI RI WY CT PA · IA NJ NE он NV IN DE IL UT CA MD W٧ CO VA KS DC МО KY NC TN ΑZ OK NM AR SC GA AL MS **₽**GU LA TX AS FM FL PW ΑK MP MH HI T PR ٧I



Council Areas of Expertise

- Accelerators
- Behavioral effects
- Biodosimetry
- Cancer biology
- Dentistry
- Dose Reconstruction
- Dosimetry
- Embryology and Teratology
- Environment
- Epidemiology
- Epigenetics
- Ethics
- Nuclear Fuel cycle
- Genetics
- Genetic susceptibility
- Health physics

- Health physics
- Interventional medical procedures
- Late tissue reactions
- Medical physics (Nuc Med/Dx/Therapy)
- Molecular biology
- Noncancer effects
- Nonionizing radiation
- NORM
- Nuclear engineering
- Nuclear medicine
- Occupational medicine
- Physics
- Public health
- Public policy
- Radiation measurements

- Radiation oncology
- Reactor technology
- Regulations/regulatory
- Radiobiology
- Radiological emergency response
- Radiology
- Risk analysis/assessment
- Risk Communications
- Safety analysis
- Statistics
- Nuclear medicine
- Toxicology
- Ultrasound
- Waste management (nuclear & mixed)

NCRP Congressional Charter Public Law 88-376—July 14, 1964

August 3, 1964

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PUBLIC LAW 88-376-JULY 14, 1964

[78 STAT.

Public Law 88-376

July 14, 1964 [H. R. 10437]

To incorporate the National Committee on Radiation Protection and

National Council on Radiation Protection and Measurements, In-

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled, That-

C. M. Barnes, Rockville, Maryland;
E. C. Barnes, Edgewood, Pennsylvania;
V. P. Bond, Setauket, Long Island, New York;
C. B. Braestrup, New York, New York;
J. T. Brennan, Bethesda, Maryland;
L. T. Brown, Bethesda, Maryland;

E. F. Brown, San Francisco, California;
F. R. Bruce, Oak Ridge, Tennessee;
J. C. Bugher, Rio Piedras, Puerto Rico;
D. R. Chadwick, Upper Marlboro, Maryland;
R. H. Chamberlain, Philadelphia, Pennsylvania;

J. F. Crow, Madison, Wisconsin; R. L. Doan, Idaho Falls, Idaho;

C. L. Dunham, Washington, District of Columbia;

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T. C. Evans, Iowa City, Iowa;
E. G. Fuller, Bethesda, Maryland;
R. O. Gorson, Philadelphia, Pennsylvania;
J. W. Healy, Chappaqua, New York;
P. C. Hodges, Chicago, Illinois;
A. R. Keene, Richland, Washington;
M. Kleinfeld, Brooklyn, New York;
H. W. Koch, Silver Spring, Maryland;
D. I. Livermore, Washington, District of Columbia;
G. V. LeRoy, Chicago, Illinois;

D. I. Livermore, Washington, District of C. V. LeRoy, Chicago, Illinois;
W. B. Mann, Chevy Chase, Maryland;
W. A. McAdams, Schenectady, New York;
G. W. Morgan, Kensington, Maryland;
K. Z. Morgan, Oak Ridge, Tennessee;
H. J. Muller, Bloomington, Indiana;
R. J. Nelsen, Rockville, Maryland;
R. J. Nelsen, Rockville, Maryland;

R. R. Newell, San Francisco, California;

W. D. Norwood, Richland, Washington; H. M. Parker, Richland, Washington;

C. Powell, Bethesda, Maryland;

E. H. Quimby, New York, New York; J. C. Reeves, Gainesville, Florida;

R. Robbins, Philadelphia, Pennsylvania; H. H. Rossi, Nyack, New York; E. L. Saenger, Cincinnati, Ohio;

L. L. Sheinger, Cheminal, Otto;
T. L. Shipman, Los Alamos, New Mexico;
P. J. Shore, Patchogue, New York;
J. H. Sterner, Rochester, New York;
R. S. Stone, San Francisco, California;
L. S. Taylor, Bethesda, Maryland;

E. D. Trout, Corvallis, Oregon; B. F. Trum, Boston, Massachusetts;

Shields Warren, Boston, Massachusetts; E. G. Williams, Jacksonville, Florida;

H. O. Wyckoff, Silver Spring, Maryland;

78 STAT.]

PUBLIC LAW 88-376-JULY 14, 1964

and their successors, are hereby created and declared to be a body corporate, by name of the National Council on Radiation Protection and Measurements (hereinafter called the corporation), and by such name shall be known, and have perpetual succession and the powers, limitations, and restrictions contained in this Act.

COMPLETION OF ORGANIZATION

SEC. 2. The persons named in the first section of this Act are authorized to complete the organization of the corporation by the selection of officers and employees, the adoption of bylaws, not inconsistent with this Act, and the doing of such other acts as may be necessary for such purpose.

OBJECTS AND PURPOSES OF CORPORATION

SEC. 3. The objects and purposes of the corporation shall be-(1) to collect, analyze, develop, and disseminate in the public

interest information and recommendations about (a) protection against radiation (referred to herein as "radiation protection"), and (b) radiation measurements, quantities, and units, particularly those concerned with radiation protection;

(2) to provide a means by which organizations concerned with the scientific and related aspects of radiation protection and of radiation quantities, units, and measurements may cooperate for effective utilization of their combined resources, and to stimulate the work of such organizations;

(3) to develop basic concepts about radiation quantities, units, and measurements, about the application of these concepts, and

about radiation protection;

(4) to cooperate with the International Commission on Radiological Protection, the Federal Radiation Council, the International Commission on Radiological Units and Measurements, and other national and international organizations, governmental and private, concerned with radiation quantities, units, and measurements and with radiation protection.

POWERS OF CORPORATION

SEC. 4. The corporation shall have power-

(1) To sue and be sued, complain and defend in any court of competent jurisdiction.

(2) To adopt, alter, and use a corporate seal.

(3) To choose such officers, directors, trustees, managers, agents, and employees as the business of the corporation may require.

(4) To adopt, amend, and alter bylaws not inconsistent with the laws of the United States of America or of any State in which the corporation is to operate, for the management of its property and the regulation of its affairs.

(5) To make contracts.

(5) To make contracts.
(6) To take and hold by lease, gift, purchase, grant, devise, or bequest, or by any other method, any property, real or personal, necessary or proper for attaining the objects and carrying into effect the purposes of the corporation, subject, however, to applicable provisions of law of any State or the District of Columbia (a) governing the amount or kind of such property which may be held by, or
(b) otherwise limiting or controlling the ownership of any such property by a corporation prestring in such State or the District property by a corporation operating in such State or the District of Columbia.

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Key Elements of NCRP's Charter U.S. Public Law 88-376::

- I. Collect
- II. Analyze
- III. Develop
- IV. Disseminate

information and recommendations *in the public interest* about:

Objective & Purpose

- Protection Against Radiation
- Radiation
 Measurements,
 Quantities and Units



Key Elements of NCRP's Charter U.S. Public Law 88-376

Objective & Purpose

- Facilitate effective use of combined resources of organizations concerned with radiation protection; and
- Cooperate with national and international governmental and private organizations; and

Additional Roles

☐ General scientific services such as conducting scientific symposia, performing independent technical reviews, development of training materials, and performing/overseeing scientific research.



Key Elements of NCRP's Charter U.S. Public Law 88-376

Collect / Analyze / Develop



About NCRP Our Mission Current Program News & Events Publication

OUR MISSION

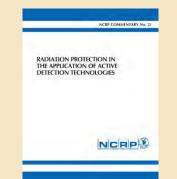
To support radiation protection by providing independent scientific analysis, information, and recommendations that represent the consensus of leading scientists.

- NCRP Scientific Committees
- The NCRP Council



Key Elements of NCRP's Charter U.S. Public Law 88-376 Traditional Dissemination Approaches







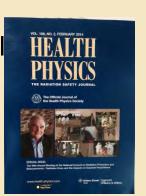
(e.g., Reports—Commentaries—Statements Presidential Letter Reports, Annual Scientific Meetings & **Published Proceedings)**



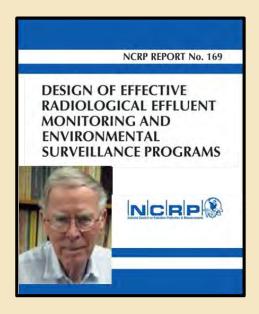
(e.g., Formal Testimony or Informal Opinion in Response to Governmental Inquiry & Response to the Media and Individual

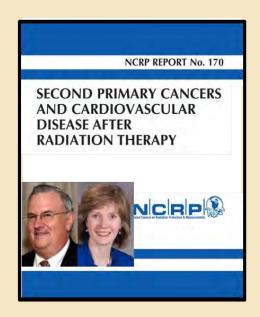
Citizens that have questions related to some aspect of RP&M

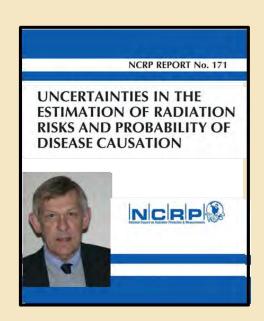


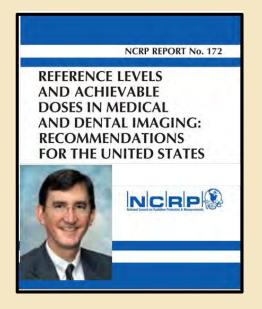


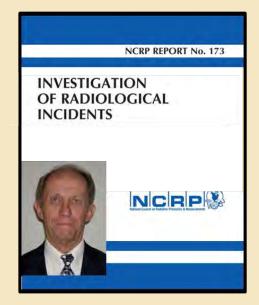
Recent NCRP Reports

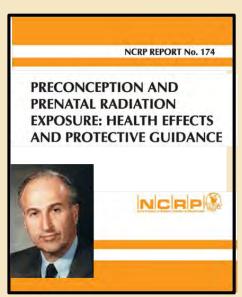




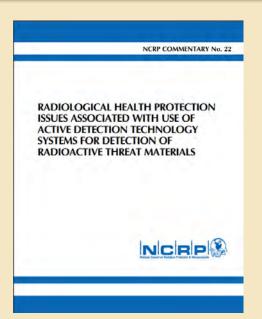








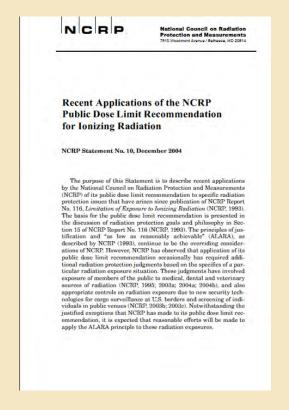
Commentaries, Statements and Letter Reports



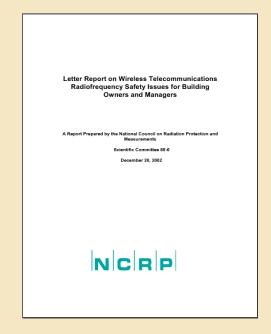
Commentary

- Preliminary evaluations, critiques, reviews of specific topics
- Extensions of previously published NCRP reports on an accelerated schedule
- Approval is by the Board of Directors

- More concise than NCRP reports, up to four pages
- Equivalent to NCRP Reports Council & BOD Review



Statements



Presidential Letter Reports

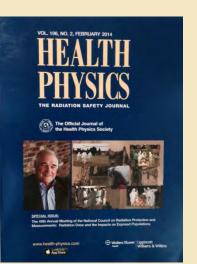
- Developed by a scientific committee
- Reviewed by Council
- Approved for publication by the President.

Proceedings of Annual Meeting



2008-2014
Peer Review &
Published in
Health Physics







NCRP

March 8-9, 2010

One Bethesda Metro Ceste 7400 Wiscomes Avenne



Forty-Eighth Annual Meeting Program 7400 Wiscunsin Avenu Bethesda, MD 20814

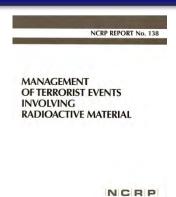
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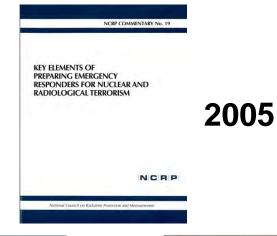


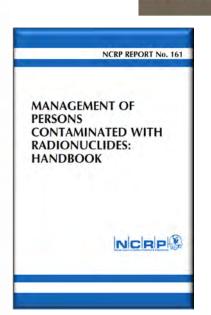
Radiological Emergency Management NCRP Reports 138, 165, 165 &166 Commentary 19

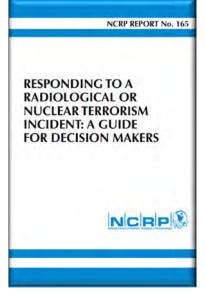
2001

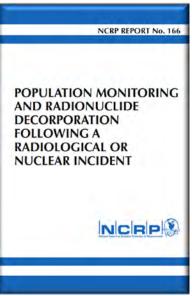












2010

2008 2010

NCRP Report 165



- Comprehensive guidance for PH & medical response preparations
 - triage, treatment, decontamination contaminated deceased
 - population monitoring,

5

- staffing & facility preparations
- facility recovery rad waste
- Describes a scalable approach to response activities

NCRP REPORT No. 1

RESPONDING TO A RADIOLOGICAL OR NUCLEAR TERRORISM INCIDENT: A GUIDE FOR DECISION MAKERS



Persistent Problems Decon Prior to Transport

- Current practice of responding and treating victims of a radiation incident falls within the response to generalized hazardous materials
- Hazardous material policy in the most regions
 (1st responders, EMS Transport and Hospitals)
 requires all contaminated victims of a hazardous
 materials incident to be decontaminated prior to
 medical treatment or transport

Wounds With Embedded High Dose Rate Micro-Shrapnel The Exception to the Rule

- Detonation of RDD can result in microshrapnel (mm) w GBq to TBq
- > Extraordinarily high exposure rates
- > Staff dose 0.1-1 Sv/ hr at 0.5 m (Co-60)
- ➤ GM & Ion Chamber Useless in Localization of Source
- ➤ Rapidly locating and removing these radioactive sources, will be an essential part of the emergency medical management of these patients.



Persistent Problems Preservation of Critical Assets

- In a mass causality event it is vital that critical assets are not taken out of service due to low levels of radioactive contamination.
 - Critical assets such as EMS patient transport vehicles, life flight, trauma rooms, etc. should not be taken out of service if there is a critical need to use them.
 - The risks to the patients and staff are minimal.
 - Restricting these resources may result in unnecessary loss of life.
 - Dose to Staff & patient from contamination is typically low and relatively easy to detect and remove



Persistent Problems Care of Psychological Casualties

- Terrorist acts involving toxic agents (especially radiation) are perceived as very threatening
- Mass casualty incidents caused by nuclear terrorism will create large numbers of worried people who may not be injured or contaminated
- Providing psychological support on this scale is challenging







Effective Crisis Communications



Rudolph Giuliani responding to a question shortly after 9/11 about how many people lost their lives



Effective Crisis Communications

"...more than any of us can bear"



Empathy Before Facts

People Need to Know you Care

Before they Care about what you Know

Wey Elements of NCRP's Charter U.S. Public Law 88-376: Objective & Purpose: New Initiatives In Dissemination

Nobody cares that you have the answer if your not there, when and where they are asking the question

- Enhanced Web Presence
- Social Media (e.g., Twitter/Facebook)





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National Council on Radiation Protection & Measurements (NCRP ... www.ncrponline.org/ ▼

NCRP's mission is to help disseminate information and research data about radiation exposure and protection guidelines in the public interest. Publications - About NCRP - Our Mission - News & Events

National Committee For Responsive Philanthropy

You've visited this page many times. Last visit: 3/6/14

https://www.ncrp.org/ > National Committee for Responsive Philanthropy > National Committee for Responsive Philanthropy: Philanthropy at Its Best About Us - Publications - Contact Us - Philanthropy's Promise Marks ...

Who We Are - National Committee For Responsive Philanthropy

https://www.ncrp.org/ab... * National Committee for Responsive Philanthropy * For more than 35 years, the National Committee for Responsive Philanthropy has served as the country's independent watchdoo of foundations. Over time ...

NCRP (NCRP) on Twitter

nttps://twitter.com/NCRP

The latest from NCRP (@NCRP). National Committee for Responsive Philanthropy promotes philanthropic accountability, effectiveness & responsiveness to the ...

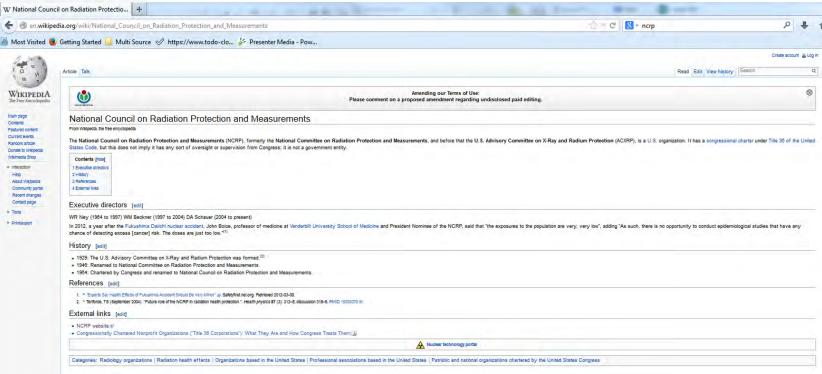
National Council on Radiation Protection and Measurements ...

en.wikipedia.org/.../National_Council_on_Radiation_Protectio... ▼ Wikipedia ▼ The National Council on Radiation Protection and Measurements (NCRP), formerly the National Committee on Radiation Protection and Measurements, and ...

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NCRP INFO Wikipedia



People Often Don't Make it Past the First Page
We Could & Should Do Better

We Key Elements of NCRP's Charter U.S. Public Law 88-376: Objective & Purpose: New Initiatives In Dissemination

How Would You Characterize Impact of Dr. Boice's Leadership?



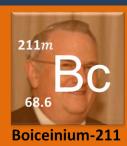
Boiceinium $\binom{211m}{68.6}$ Bc)



- I. It would have an Atomic Number of 68.6 (yes I know it's a little unusual).
 - II. Atomic Mass of 211 (sometimes more sometimes less).

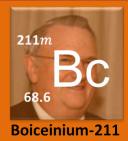
Similar Radionuclidic Characteristics

- Long Half-life: Emits Energy for Long Periods with little noticeable decrease in activity.
- There would be multiple forms of energy emissions which are capable of Depositing Energy both Locally & at a Distance
- Can exist in both Stable & Metastable Forms
- When handled properly there are many societal benefits from its use.



Dismilar Radionuclidic Characteristics

- Its composed of many dissimilar atoms (some of which are radioactive while others are not)
- To this point IARC has not classified the energy emitted to be a Group I carcinogen
- It periodically (an often unexpectedly) undergoes transformation w/o decay into many other forms each with their own unique properties and applications
- Finally, it can be used safely without a dosimeter or protective clothing but clothing is definitely recommended



NCRP President's Column "The Boice Report" in the Monthly Health Physics Newsletter

Health Physics News

October 2013

The Boice Report #17





John D. Boice, Jr., NCRP President ICRP Main Commissioner, UNSCEAR Delegation Veterans' Advisory Board on Dose Reconstruction Board Member Vanderbilt Professor of Medicine

2014 NCRP Annual Meeting—Bethesda, Maryland Celebrating 50 Years Since Congressional Charter in 1964

The year of the great stock market crash—1929—was also the year that the U.S. Advisory Committee on X-Ray and Radium Protection, the predecessor organization to the National Council on Radiation Protection and Measurements (NCRP), was founded. In 1946 it morphed into the U.S. National Committee on Radiation Protection and then in 1964 NCRP was chartered by the U.S. Congress as a nonprofit organization to address the radiation protection needs of the nation. NCRP is in good company in that organizations with similar congressional charters include the American Red Cross, the Boy Scouts of America, and the National Academy of Sciences. Next year NCRP will celebrate the 50th year since its congressional charter (Sinclair 1988; Taylor 2002; Meinhold 2004; Tenforde 2004; Boice 2014). So save the date for a celebration that will recall past achievements with a view to addressing the needs for the future!

The Omnipresent President

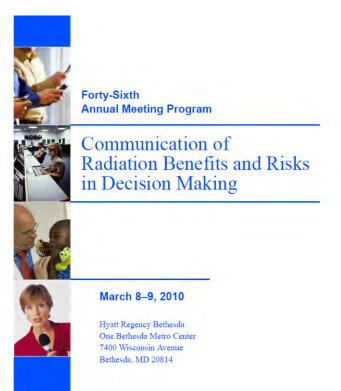
- ICRP Main Commission
- UNSCEAR Delegate
- Senior Editor Radiation Research
- Countless Invited Speaking Engagements and Media Interviews
- Congressional Testimony
- Consultations & Briefings: : IAEA ,WHO
 CDC, FDA, NRC, DOE, EPA, DOD, etc





Communication of Radiation Benefits and Risks in Decision Making





Proceedings of 2010 Annual Meeting to be published in Health Physics, 2011



Models of Radiation Induced Cancer

The magnitude of this uncertainty pales in comparison to our uncertainty of how best to communicate what we do know.

Guidance in Emergency Medicine Partnership with American College of Emergency Physicians

Published in JACR and Annuals of EM in 2014

Applications of Justification and Optimization in Medical Imaging:

Examples of Clinical Guidance for Computed Tomography Use in Emergency Medicine

Paul R. Sierzenski, MD, RDMS^a, Otha W. Linton, MSJ^b, E. Stephen Amis Jr, MD^c, D. Mark Courtney, MD^a, Paul A. Larson, MD^a, Mahadevappa Mahesh, MS, PhD^f, Robert A. Novelline, MD^a, Donald P. Frush, MD^b, Fred A. Mettler, MD^c, Julie K. Timins, MD^c, Thomas S. Tenforde, MD^c, John D. Boice Jr, ScD^c, James A. Brink, MD^c, Jerrold T. Bushberg, MD^{cc}, David A. Schauer, ScD^{cc}

CT

3

is. MD

IMAGING/CONCEPTS

Applications of Justification and Optimization in Medical Imaging: Examples of Clinical Guidance for Computed Tomography Use in Emergency Medicine

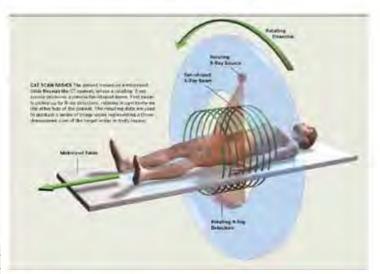
Paul R. Sierzenski, MD, RDMS; Otha W. Linton, MSJ; E. Stephen Amis, Jr., MD; D. Mark Courtney, MD; Paul A. Larson, MD; Mahadevappa Mahesh, MS, PhD; Robert A. Novelline, MD; Donald P. Frush, MD; Fred A. Mettler, MD; Julie K. Timins, MD; Thomas S. Tenforde, MD; John D. Boice, Jr., ScD; James A. Brink, MD; Jerrold T. Bushberg, MD; David A. Schauer, ScD*

Availability, reliability, and technical improvements have led to continued expansion of computed tomography (CT) imaging. During a CT scan, there is substantially more exposure to ionizing radiation than with conventional radiography. This has led to questions and critical conclusions about whether the continuous growth of CT scans should be subjected to review and potentially restraints or, at a minimum, closer investigation. This is particularly pertinent to populations in emergency departments, such as children and patients who receive repeated CT scans for benign diagnoses. During the last several decades, among national medical specialty organizations, the American College of Emergency Physicians and the American College of Radiology have each formed membership working groups to consider value, access, and expedience and to promote broad acceptance of CT protocols and procedures within their disciplines. Those efforts have had positive effects on the use criteria for CT by other physician groups, health insurance carriers, regulators, and legislators. [Ann Emerg Med. 2014;63:25-32.]

A podcast for this article is available at www.annemergmed.com.

0196-0644/\$-see front matter Copyright © 2013 by the American College of Emergency Physicians. Copyright © 2013 by the American College of Radiology. http://dx.doi.org/10.1016/j.annemergmed.2013.08.027

NCRP is grateful to the EPA for financial support.





62 Million in 2006 85 Million in 2011

ALADA

- While many lives have been saved by advancements in imaging technology
- Radiation used in Medical Imaging, is now the single most controllable source of radiation exposure
- Continued improvement in justification and optimization are important to keep these exposures As Low as Diagnostically Acceptable (ALADA)
- ❖ ALADA is proposed as a variation of the acronym ALARA to emphasize the importance of optimization in medical imaging (lower is not always better).

THE MESSAGE IS NOT JUST ABOUT THE FACTS BUT HOW THEY ARE PRESENTED

After a pelvic CT scan of a pregnant woman, which statement delivers the most appropriate message about risk?

- A. "The study that you had two weeks ago has perhaps doubled the risk that your child will develop cancer before age 19. [0.6% vs 0.3%]"
- B. "The risk of adverse outcome is very small and the likelihood of normal development is nearly the same as it is for any child. [96.7% vs 96.4%]"

Are Professionals Sending the Right Message?





Safety Reports Series

Radiation Protection

in Paediatric Radiology

No. 71







Image Gently, Step Lightly: **Promoting Radiation Safety in**



CONCLUSION. Use of this checklist can be an effective tool in the ongoing effort to maximize radiation safety during interventional procedures

Pediatric Interventional Radiolc



OBJECTIVE. The Image Gently, Step Lightly campaign is an education and campaign focusing on radiation safety in pediatric interventional radiology. To promote radiation safety by standardizing workflow and encouraging team responsibility, the campaign Website includes a procedural checklist that the medical team may use to review radiation safety steps before each pediatric interventional procedure.



HPA: Risk information for patients



X-rays
How safe are they?



hirty years ago, X-rays were the only way to see what was going on inside your body. Now other methods of medical imaging are available, some using different types of radiation from X-rays. They are briefly described on the next two pages. Patients are sometimes concerned about the possible harmful effects of radiation, so this leaflet goes on to explain the risks and to put them into perspective.

Radiation risks for older and younger patients

A syou get older you are more likely to need an x-ray examination. Fortunately radiation risks for older people are lower than those shown in the table on page 5. This is because there is less time for a radiation-induced cancer to develop, so the chances of it happening are greatly reduced.

Children, however, with most of their life still ahead of them, may be at twice the risk of middle-aged people from the same X-ray examination. This is why particular attention is paid to ensuring that there is a clear medical benefit for every child who is X-rayed. The radiation dose is also kept as low as possible without detracting from the information the examination can provide.

Please Mum.

tell them I'm here

A baby in the womb may also be more sensitive to radiation than an adult, so we are particularly careful about X-rays during pregnancy. There is no problem with something like an X-ray of the hand or the chest because the radiation does not go anywhere near the baby. However, special precautions are required for examinations where the womb is in, or near, the beam of radiation, or for isotope scans where the radioactive material could reach the baby through the mother's circulating blood.

If you are about to have such an examination and are a woman of childbearing age, the radiographer or radiologist (see definitions on the last page) will ask you if there is any chance of your being pregnant.

If this is a possibility, your case will be discussed with the dioctors looking after you to decide whether or not to recommend postponing the investigation. There will be occasions when diagnosing and treating your illness is essential for your health and your unborn child. When this health benefit clearly outweighs the small radiation risks, the X-ray or scan may go ahead after discussing all the options with you.

Radiation risks for future generations

If the reproductive organs (ovaries or testes) are exposed to radiation there is a possibility that hereditary diseases or abnormalities may be passed on to future generations. Although the effect has never been seen in humans, lead-rubber shields can be placed over the ovaries or testes during some X-ray examinations, as a precaution. They are only necessary for examinations of the lower abdomen and thighs on patients who are young enough to have children, even then, there are some examinations where it is not practicable to use gonad shields since they will obscure important diagnostic information.

Are Professionals Sending the Right Message?

The New York Times

http://nyti.ms/1hUyUlq

THE OPINION PAGES | OP-ED CONTRIBUTORS

We Are Giving Ourselves Cancer

By RITA F. REDBERG and REBECCA SMITH-BINDMAN JAN. 30, 2014



DESPITE great strides in prevention and treatment, cancer rates remain stubbornly high and may soon surpass heart disease as the leading cause of death in the United States. Increasingly, we and many other experts believe that an important culprit may be our own medical practices: We are silently irradiating ourselves to death.

Neither doctors nor patients want to return to the days before CT scans. But we need to find ways to use them without killing people in the process.

Other Projects Planned for 2014

- Study of Possible Alterations in the Dose Limits for the Lens of the Eye
- Evaluating and Communicating Radiation Risks for Studies Involving Human Subjects: Guidance for Researchers and Reviewing Bodies
- Improving Patient Dose Utilization in CT
- ❖ Policies for Managing High Dose Procedures and Deterministic Injuries Associated with Fluoroscopically Guided Interventions (FGI)

What does the future hold for the NCRP?

- While many advances have been made, there are still many questions of importance to radiation protection that have not been fully resolved
- ❖NCRP will play an important role in helping to develop a consensus view regarding complex radiation protection issues well into the 21st Century.
- ❖ Reducing these uncertainties will continue to influence the cost and benefits derived from the ever expanding use of radiation in everything from medical imaging to homeland security.

What does the future hold for the NCRP?

- The unique and invaluable resource that is the NCRP is in large part due to the selfless dedication and numerous contributions of its Council and scientific committee members
- The multidisciplinary composition of these leading experts' and their collective input on complex questions provides a unique synergy that results in a comprehensive and well balanced approach to addressing radiation protection challenges today and in the future

What does the future hold for the NCRP?

- There will be a continuing need for the NCRP to identify the principles upon which radiation protection is based and to provide guidance on best practices for the many beneficial uses of radiation in society.
- ❖ Subsequent presentations covering a broad range of relevant topics will review sentinel accomplishments of the past as well as current work and future challenges that are in keeping with NCRP's mission to advance the science of radiation protection in the public interest.

Thank You For Your Attention

